



2015 NIKE WOMEN'S 15K TORONTO FREQUENTLY ASKED QUESTIONS

REGISTRATION

WHAT IS THE FEE TO RACE IN THE NIKE WOMEN'S 15K?

The fee to participate as an individual or part of a group in the 2015 Nike Women's 15K Toronto is \$120 CAD. The student registration fee is \$100 CAD (for a limited time).

WHY DO I NEED TO LOGIN WITH A NIKE+ PROFILE TO REGISTER?

As a Nike event, we are integrating participation with the Nike+ Running technology that will provide all participants with unique training and race weekend experiences. We are excited to offer a physical race experience that will be integrated with Nike+ and will connect all Nike Women's 15K Toronto runners with the world's largest online running community. After registration, we will share more ways to enhance your training and race weekend experience through Nike+.

HOW CAN I VERIFY THAT I AM OFFICIALLY REGISTERED FOR THE RACE?

All Random Draw results were emailed on April 3, 2015. If you cannot locate this email, make sure you have checked all alternative folders and SPAM. You can also verify your Nike Women 15K Toronto registration status at <http://gonike.me/15ktorontostatus>. Please email RunNikeWomen@nike.com or call us at 1-866-RUN-NIKE if you are unable to locate this email, or if you cannot verify your status at the verify link. All Random Draw accepted entrants received an email requesting payment submission by April 10, 2015. Once you submitted payment by following the instructions in the email, you secured your spot, and an additional confirmation email was sent immediately. Only randomly selected runners whose payments are successfully submitted by April 10, 2015 will be officially registered for the Nike Women's 15K Toronto.

CAN MEN PARTICIPATE?

The Nike Women's 15K Toronto is open to both male & female participants.

STUDENT PROGRAM

IS THERE A DISCOUNTED REGISTRATION FEE FOR STUDENTS?

Yes, Nike Women's 15K Toronto offers a discounted rate of \$100 CAD to students who qualify for the program beginning March 9, 2015, for a limited time, while entries last.

WHY DOES THE NIKE WOMEN'S 15K TORONTO HAVE A STUDENT PROGRAM?

We are dedicated to inspiring the next generation of runners.



HOW DO I KNOW IF I QUALIFY FOR THE NIKE WOMEN'S 15K TORONTO STUDENT PROGRAM?

To qualify for the Nike Women's 15K Toronto Student Program, you must be a current student or recent class of 2015 graduate and have a valid physical student ID. At the time of registration, you will be asked to enter your student ID number and name of the school you attend. At packet pick up, you will be asked to present your valid physical school ID to match with your registration information. Runners who attend schools that do not offer valid physical student IDs will not be eligible for the Student Program.

A runner who registers under the Nike Women's 15K Toronto Student Program and cannot present a physical, or current, student ID that matches their registration at packet pickup will be made VOID and WILL NOT be refunded. If you have any questions please contact customer service via email at RunNikeWomen@nike.com or call 1-866-RUN-NIKE before registering.

HOW IS THE STUDENT PROGRAM DIFFERENT FROM THE RANDOM DRAW?

The Nike Women's 15K Toronto Student Program is not a Random Draw process. If you register under the Nike Women's 15K Toronto Student Program and submit payment you are officially registered for the Nike Women's 15K Toronto. Please look for a confirmation email you will receive immediately after registration to verify you have successfully registered.

CAN I ENTER THE STUDENT PROGRAM AFTER I'VE ALREADY ENTERED THE RANDOM DRAW?

RUNNERS MAY ONLY REGISTER ONCE. Submitting more than one registration on any of the Nike Women's 15K Registration forms is grounds for complete removal from the race. If multiple applications, or use of the same email address, are found on separate applications, all registrations will be made VOID and no refund will be issued.

CAN I ENTER THE STUDENT PROGRAM AS A GROUP?

Group entries are not available in the Student Program. If you would like to run with a friend that does not qualify for the Student Program, you must register in the Random Draw with a Group. You will not receive a discount or automatic acceptance when registering through the Random Draw.

WHAT OTHER TERMS SHOULD I BE AWARE OF?

In the event that the operation, security, or administration of the application process is impaired in any way for any reason, including, but not limited to fraud, virus, or other technical problem, NIKE CANADA, Corp may, in its sole discretion, suspend the application process to address the impairment and then resume accepting applications. NIKE CANADA, Corp reserves the right in its sole discretion to disqualify any individual



or store it finds to be tampering with the application process or to be acting in an unsportsmanlike or disruptive manner. Any attempt by any person to undermine the legitimate operation of the application process may be a violation of criminal and civil law, and, should such an attempt be made, NIKE CANADA, Corp reserves the right to seek damages from any such person to the fullest extent permitted by law. NIKE CANADA, Corp's failure to enforce any term of these Official Rules shall not constitute a waiver of that provision.

By submitting an application, applicants agree to release and hold harmless NIKE CANADA, Corp, its parent and related companies, and their respective officers, directors, employees, and agents (the "Released Parties") from and against any claim or cause of action arising out of the application process or participation in the 15K, including, but not limited to (a) unauthorized human intervention in the application process, (b) technical errors related that may prevent an application from being processed, or (c) injury to persons or property which may be caused, directly or indirectly, in whole or in part, from entrant's participation in the 15K. Applicant waives the right to claim any damages whatsoever, including, but not limited to, punitive, consequential, direct, or indirect damages.

PACKET PICK-UP

WHAT IF I HAVE REGISTERED AND HAVE BECOME INJURED OR I AM UNABLE TO ATTEND THE RACE?

All race entries are non-refundable. There are no refunds for canceled entries. We are unable to transfer entry fees to any future Nike events.

CAN I TRANSFER MY REGISTRATION TO ANOTHER RUNNER?

No, your registration and race bib/timing tag are non-transferable due to liability reasons.

WHAT DO I NEED TO BRING WITH ME TO PICK UP MY RACE PACKET?

For Packet Pick-Up, you must present your bib number provided in the confirmation email and one form of acceptable photo ID. Anyone who registered in the Student Program must also bring a valid student ID.

CAN SOMEONE ELSE PICK UP MY RACE PACKET ON MY BEHALF?

We encourage each registered runner to pick up his or her own race packet. However, for reasons of travel or work obligation, you may designate another person to pick up your packet. Each designated person may pick up a maximum of two (2) additional race packets.

If you are picking up a race packet for another person, you will need a copy of the runner's confirmation email with bib number and a copy of the runner's valid photo ID must be presented. If you are picking up a packet for someone registered in the Student Program,



a copy of the runner's valid student ID must be presented as well. Paper documents or smart phone images are both acceptable. Proper ID must be shown to receive a packet. There will be no exceptions.

DO I NEED ANYTHING TO COMPLETE MY REGISTRATION AS PART OF THE NIKE WOMEN'S 15K TORONTO STUDENT PROGRAM?

During Packet Pick Up (early Packet Pick Up June 4 – 9 and Nike Women Village Packet Pick Up, June 11 – 13, 2015), you must bring a valid student ID that matches your registration information. A runner who registers under the Nike Women's 15K Toronto Student Program and does not have a valid student ID that matches their registration at Packet Pick Up (early Packet Pick Up June 4-9 and Nike Women Village Packet Pick Up, June 11 – 13, 2015) will be VOID and will not be refunded.

WHERE CAN I PICK UP MY RACE PACKET?

For participant convenience, race packets will be available for pick up in advance at the early Packet Pick Up opportunities and at Nike Women Starting Block located within Nike Women Village.

Early Packet Pick-Up:

Thursday, June 4, 5:00 – 8:00PM
Nike Women at Running Room
61 Hanna Ave. #1 Liberty Village
Toronto, Ontario

Friday, June 5, 2:00 – 9:00PM
Sporting Life Yonge Street
2665 Yonge St.
Toronto, Ontario

Saturday, June 6, 9:30AM – 9:30PM
Nike Running Toronto Eaton Centre
220 Yonge St.
Toronto, Ontario

Sunday, June 7, 1 – 4PM
Nike Factory Store Vaughn Mills
1 Bass Pro Mills Dr.
Vaughn, Ontario



Monday, June 8, 5 – 8PM
Sporting Life Sherway Gardens
25 The West Mall
Etobicoke, Ontario

Tuesday, June 9, 5 – 8PM
Sport Chek Maple Leaf Square
15 York St.
Toronto, Ontario

Nike Women Village Location

Harbourfront Centre
235 Queens Quay West
Toronto, Ontario

Nike Women Village Hours

Thursday, June 11, 12:00PM – 8:00PM
Friday, June 12, 10:00AM – 8:00PM
Saturday, June 13, 8:00AM – 6:00PM
Sunday, June 14, 9:00AM – 5:00PM (Packet pick up is not available on Sunday)

Nike Women Starting Block Hours

Thursday, June 11, 12:00PM – 8:00PM
Friday, June 12, 10:00AM – 8:00PM
Saturday, June 13, 8:00AM – 6:00PM

Again, you must have your confirmation email with bib number and a valid photo ID. If you took part in the Student Program, you will need to bring your valid 2015 Student ID.

CAN I CHANGE MY PACKET PICK-UP DATE?

Registered participants for the Nike Women's 15K Toronto are encouraged to pick up race packets at the most convenient available packet pick up dates and locations. You do not need to change your registered packet pick up date, or notify customer service of this change.

CAN I PICK UP MY PACKET ON RACE DAY?

No, there will not be Packet Pick Up on race day. All runners must pick up their packet at Early Packet Pick Up locations or at the Nike Women Village on June 11, 12, and 13. Please bring a valid ID, confirmation email with bib number and valid Student ID if applicable.



WHAT DOES MY RACE PACKET INCLUDE?

Your race day packet will include your Race Bib which has your timing tag affixed on the back and your wave corral bracelet. Both **MUST** be worn on race day. You will also receive the official race day DRI-Fit T-shirt, an adhesive bib number sticker, safety pins, and a Goody Bag featuring product samples from our partners. You will need to affix your numbered sticker on the clear Goody Bag. This will be your race day gear check bag. This numbered clear bag is the only bag you will be allowed to drop at Bag Check and all contents must be visible through the bag.

DO I GET MY OFFICIAL RACE SHIRT WITH MY PACKET?

Yes, you will receive the official race day DRI-Fit T-shirt as part of your race packet. Participants are encouraged to wear their official race day DRI-Fit T-shirt for the race.

CAN I EXCHANGE MY DRI-FIT T-SHIRT SIZE?

On Sunday, June 14, Nike Women Starting Block will host DRI-Fit T-shirt exchange on a first-come, first-serve basis. Sizes may vary depending on availability. It must be an unworn shirt.

PARKING/TRANSPORTATION

WHERE DO I PARK FOR THE NIKE WOMEN VILLAGE?

Participants are encouraged to park at Harbourfront Centre parking facilities. Directions and rates are available at <http://www.harbourfrontcentre.com/parking/>. Race organizers are not affiliated with these garages and do not guarantee availability or pricing.

WHERE DO I PARK FOR RACE DAY?

Participants are encouraged to park at Harbourfront Centre parking facilities. Directions and rates are available at <http://www.harbourfrontcentre.com/parking/>. Race organizers are not affiliated with these garages and do not guarantee availability or pricing.

WILL TRANSPORTATION BE AVAILABLE FOR FRIENDS/FAMILY?

Everyone needs a ticket to ride the ferry. Participants receive a round-trip ferry ticket with their race entry. Participants who purchased spectator ferry tickets at registration will receive the spectator ferry tickets at packet pick up. Spectators with event spectator tickets will have two location options to board a ferry/boat and transfer over to the island:

Jack Layton Ferry Terminal, Centre Island: Join the spectator ferry line. Runners will take priority when filling the ferries, and spectators will fill the remaining capacities on each boat. All of the dedicated ferries will be going to Centre Island. The first ferry will leave this dock at 6:00 a.m., and the last ferry will leave the dock at 9:00 a.m. After that, ferries will begin operation under the regular city ferry schedule, leaving every 30 minutes.



Jack Layton Ferry Terminal, Ward's Island: At the Jack Layton Ferry Terminal, you may choose to take a ferry to the Ward's Island family cheer station (located at approximately the 12.5KM mark on course). A live DJ and complimentary cheer cards will be provided. This ferry departs every 30 minutes starting at 6:30AM. The walk to the start/finish area from the Ward's Island cheer location is approximately 20-25 minutes.

Harbourfront Centre, Hanlan's Point: Arrive at the Harbourfront Centre dock and board a chartered boat. The first boat will leave this dock at 6:00 a.m., and the last boat will leave this dock at 10:30 a.m. If you choose this option, you will be dropped off at Hanlan's Point cheer station (located at approximately the 3K and 5.5K mark on course). A drum line and complimentary cheer cards will be provided. The walk to the start/finish area from Hanlan's Point cheer station is approximately 30-40 minutes.

HOW CAN I PURCHASE SPECTATOR FERRY TICKETS?

Pre-sale event spectator tickets are sold out. General city ferry tickets will be available for purchase on June 14 at the Jack Layton Ferry Terminal. From there, spectators will be placed on a ferry subject to capacity. Note that wait times or arrival to Toronto Centre Island cannot be guaranteed. General public ferries will begin boarding at 9:00AM.

HOW DO I KNOW WHAT FERRY I'M ON?

You will receive an email on June 2, 2015 that will provide your assigned ferry. At packet pick up you will be given a ferry ticket with your assigned ferry time.

I WASN'T NOTIFIED ABOUT BEING ASSIGNED A FERRY. IS THERE SOMEWHERE I CAN LOOK THIS UP?

Ferry assignments will be sent via email on 6/2 and 6/9. If you don't receive your email, you can contact us at RunNikeWomen@nike.com.

HOW WILL I FIND MY ASSIGNED FERRY RACE MORNING?

Race morning you will arrive at the Jack Layton Ferry Terminal where staff and volunteers will guide you to the ferry. The color of your ferry ticket received at packet pick up will correspond to the ferry line you are supposed to be in.

Jack Layton Ferry Terminal

9 Queen's Quay West

Toronto, Ontario

WHAT HAPPENS IF I MISS MY FERRY?

If you miss your ferry you will be put on the next available ferry with open capacity. Participants who miss their scheduled ferry time should still wait in their designated ferry time line so staff can recognize who needs to be boarded on the next available ferry. Registered runners will take priority on all Ferry rides to the Toronto Islands on race day.



If you miss your assigned ferry time, you are not guaranteed to be on time for your assigned wave and may need to move into a later wave.

I'M SUPPOSED TO RUN WITH A REGISTERED GROUP. ARE WE ALL ON THE SAME FERRY?

If you registered with a group, you will all be assigned to the same ferry.

I'M NOT ON THE SAME FERRY AS MY FRIENDS. CAN I CHANGE THIS?

You can change your ferry time to an earlier ferry, but not to a later ferry permitting there is available capacity. You can change your ferry time at the Ferry Information tent at Nike Women Village before Sunday, June 14th.

HOW LONG IS THE FERRY RIDE?

The ferry ride is approximately 15 to 30 minutes from point to point. This is all dependent on weather conditions.

HOW DO I GET BACK TO TORONTO POST-RACE?

All ferry tickets include a return trip. You do not need to show your ferry ticket to board the return ferry. Return trips are not scheduled and are boarded on a first-come, first-serve basis. There are three locations where you can board a return ferry: Centre Island ferry dock, Hanlan's Point ferry dock, and Ward's Island ferry dock.

Each ferry lands at Jack Layton Ferry Terminal. Ferries leave every 30 minutes and are filled on a first-come, first-serve basis. Only public ferries will be running after the race.

Please note your return ferry wait time after the race could vary from 30 to 90 minutes depending on volume of people waiting to board. Please take your time to enjoy the Islands during peak times to avoid long wait times. Runners are welcomed and encouraged to stay on the Toronto Islands as long as they would like post-race. There will be food and beverage available and the start/finish area closes at 2PM.

WHAT TIME DOES THE LAST FERRY LEAVE THE ISLAND?

The last ferry leaves the island on Sunday, June 14th at 11:45pm EST.

PARTICIPANTS

CAN WALKERS PARTICIPATE?

Yes, walkers are welcome to participate, however, all participants must complete the race by 1:10PM when the course closes.

IS THERE A COURSE CUT-OFF TIME?

All participants must complete the race by 1:10PM when the course closes.



CAN WHEELCHAIR ATHLETES PARTICIPATE?

The course that has been mapped for the run is accessible, however, it consists of multiple surface types and varied terrain (asphalt, gravel, grass, sand and boardwalk). Anyone using a wheelchair will need to be prepared to handle these types of terrain and surface changes. For further information, please contact us at RunNikeWomen@nike.com.

WHAT IS THERE TO DO ON THE ISLAND WHILE I WAIT FOR THE RACE TO START?

On the island runners will have access to many activities located in the start/finish area. Racers will have access to the NTC Stretch tent, Pre-race warm up zone, local food trucks, MuscleAidTape sessions, Runners Essentials and more.

HOW DO I SIGN UP FOR THESE ACTIVITIES?

These activities are all offered on a first-come, first-serve basis. You will sign up on site for any activity that would require an appointment.

WHERE DO WE GO IF IT RAINS PRE-RACE? ARE THERE COVERED AREAS?

In the event of rain there will be tents located within the start/finish area for shelter or there are various businesses located on the Toronto Islands.

WILL THERE BE FOOD/BEVERAGE ON THE ISLANDS? DO I NEED TO BRING CASH? WILL THERE BE A PLACE TO LEAVE MY WALLET?

There will be food/beverage on the island. Runners are encouraged to bring cash as some vendors will not accept credit cards. In the start/finish area there will be Gear Check to leave your personal belongings. These must all fit into the clear plastic bag you received at Packet Pick Up. Runners are only allowed to check one bag.

WILL THERE BE CHARGERS FOR PHONES?

We are still working out the details of providing phone charging stations. Stay tuned for more information.

ARE THERE MEETING AREAS ON THE ISLANDS THAT I CAN IDENTIFY SO MY FRIENDS AND FAMILY CAN MEET ME BEFORE/AFTER THE RACE?

There is a Friends and Family Meet Up Zone in the start/ finish area where runners will be able to meet their friends and family. Each zone will be marked alphabetically.

CAN WE STAY ON THE ISLAND AFTER WE ARE FINISHED RUNNING?

Runners are welcomed and encouraged to stay on the island as long as they would like post-race. There will be food and beverage available as well as post-race recovery amenities until 2PM in the start/finish area.



WHAT SHOULD I BRING WITH ME TO THE ISLAND?

Runners are encouraged to bring with them a jacket, a water bottle, their cell phone, all of their race necessities, a change of clothes for post-race, their wallet and cash, one form of ID, sunglasses, sunscreen, mosquito repellent, and your fiercest race mentality.

WILL THERE BE RUNNERS ESSENTIALS ON THE ISLAND IN CASE I FORGET SOMETHING?

Yes, we've got you covered. If you forget something such as race day socks, ear buds, etc. you can purchase them on the island race morning.

HOW CAN I VOLUNTEER?

We welcome your participation as a volunteer! The event will need hundreds of volunteers to staff the aid stations, work the Nike Women Village and offer support to the runners at the start and finish. All volunteers will receive an official race volunteer t-shirt. To volunteer at the Nike Women's 15K Toronto please contact niketovolunteers@trojanone.com or call 416-920-7044 ext. 376.

WHERE AND WHEN CAN I BUY RACE DAY FOOTWEAR AND APPAREL?

Runners will be able to purchase their race day footwear and apparel at the Nike Women Village retail store during open hours. FINISHER Apparel will be available on race day back at Nike Women Village retail store until 5pm EST on June 14, 2015 only.

TRAINING

IS THERE A TRAINING PLAN?

Yes. Visit the Nike Race Companion exclusively on your mobile device at nike.com/nikewomentoronto. Check out your Training Guide, Nike+ Run Clubs, Event Details, and more to get you ready to take on Nike Women's 15K Toronto.

THE RACE & COURSE

WHAT DO I NEED ON RACE DAY TO BE ALLOWED TO PARTICIPATE?

To participate in the 2015 Nike Women's 15K Toronto and to be allowed on course, all runners must wear their assigned race bib/timing tag and start wave bracelet. Be sure to complete the emergency contact information on the backside of your bib before racing.

Your bib should be attached to the front of the body on the outer-most garment in order to be visible to all race officials, photographers, and finish line technicians throughout the race. Runners who do not have a race bib will be escorted off the course and will not be recognized or rewarded as a participant.



WHEN WILL THE EXACT ROUTE BE ANNOUNCED?

The exact route will be announced on 5/19.

IS THERE A WAVE START SYSTEM?

Yes, there are eight waves of runners. Based on the projected pace per kilometer that you provided during registration, you will be given a corresponding colored start wave bracelet that must be worn on race day. Enter the wave start corral that matches your start wave bracelet. Men will be seeded in wave 3 or slower, based on the pace that was designated at the time of registration.

WHERE ARE THE START CORRALS?

The start corrals are located on Lake Shore Ave below the Avenue of the Island.

WHAT TIME DO THE START CORRALS CLOSE?

Runners in waves 1, 2, and 3 must be in their corral by 9:15AM

Runners in waves 4, 5, and 6 must be in their corral by 9:35AM

Runners in waves 7 and 8 must be in their corral by 10:00AM

WHAT IF MY PROJECTED PACE HAS CHANGED FROM WHEN I REGISTERED?

You are able to self-seed yourself to a later start wave corral by simply moving back to a later start wave. You may not move to a faster start wave and doing so risks disqualification for timing and scoring reasons.

WHAT TIME DOES THE RACE START?

The Nike Women's 15K Toronto will start at 9:30AM. Your bib/timing tag will record your start as you cross the start line timing mats to begin your run.

WHAT IF MY BIB AND/OR TIMING CHIP FALLS OFF DURING THE RACE?

While this is unlikely to occur if the bib is securely fastened to the front of the runner's apparel, runners who make it to the finish line missing their race bib/timing tag should make their way to the solutions tent in the finish chute immediately after crossing the finish line to prove their status and to be recognized as a finisher.

DO I NEED TO COMPLETE THE COURSE BY A SPECIFIC TIME?

The course in Toronto will be open until 1:10PM. All participants must complete the course by that time.

WHAT IF I CANNOT COMPLETE THE COURSE BEFORE IT CLOSES?

Any individuals falling off the runner timeline will be asked to continue on a modified course (as available) to ensure timely event completion.



IS THE COURSE SURFACE ASPHALT?

The course consists of multiple surface types and varied terrain (asphalt, gravel, grass, sand and boardwalk).

HOW MANY PEOPLE DO YOU EXPECT TO HAVE RUN?

On race day we are anticipating over 10,000 runners.

WHERE CAN MY FRIENDS AND FAMILY CHEER ME ON?

The Nike Women's 15K Toronto course is very spectator friendly. Popular points to cheer on runners include 5K at Hanlan's Point, 12K at Ward's Island, and 14.5K near the Finish.

IS THE SPECTATOR AREA WHEELCHAIR ACCESSIBLE?

Spectator areas are wheelchair accessible, however due to the nature of the venue and the course, it consists of multiple surface types and varied terrain (asphalt and grass). Anyone using a wheelchair will need to be prepared to handle these types of terrain and surface changes.

IS THERE A LOST AND FOUND?

Yes, for Early Packet Pick Up, any found items will be kept on site through close and then moved to the Security Desk at Harbourfront Centre inside the Artport building. For Nike Women Village, any found items will be kept in the respective area for one day and then moved to the Security Desk at Harbourfront Centre inside the Artport building. On race day, found items will be kept at the Info/Solutions/Lost and Found tent located in the Finish Village. Any items not claimed on race day from all sources will be kept for a maximum of 14 days and then appropriately discarded. For Lost and Found inquiries, please contact Customer Service at 1.866.RUNNIKE or RunNikeWomen@nike.com.

THE EVENT

WHAT IS THE DATE OF THE EVENT?

The Nike Women's 15K Toronto will be held on Sunday, June 14, 2015.

WHO IS PRODUCING THE EVENT?

Nike has engaged On Board Experiential Marketing, TrojanOne, and Trevor//Peter to produce the event.

WHERE CAN I FIND THE LATEST INFORMATION ABOUT THE NIKE WOMEN'S 15K TORONTO?

To ensure the most current information on our races and to get the inside scoop on the Nike Women's 15K Toronto, "Like" us at [facebook.com/runnikewomenseries](https://www.facebook.com/runnikewomenseries) and follow us on Twitter @runnikewomen.



IS THERE A NIKE WOMEN TORONTO WEBSITE?

Yes. Visit the Nike Women Toronto website available at <http://gonike.me/15ktoronto>.

WHERE CAN I VIEW ALL 2015 NIKE WOMEN RACES OR N+TC TOUR DATES AND LOCATIONS?

All available Nike Women Race and N+TC Tour dates and locations are located at www.nike.com/women/events. Please select the available events to learn more about them, and additional contact information.

WHO CAN I CONTACT IF I WOULD LIKE TO BE A SPONSOR OR VENDOR OF NIKE WOMEN'S 15K TORONTO?

All sponsor or vendor inquiries should be directed to Jacquie Sechser at jacquie@obexp.com.

AWARDS

DO ALL RACERS RECEIVE A MEDAL OR CERTIFICATE?

After crossing the finish line, participants will receive a commemorative Nike Women's 15K Toronto finisher's necklace designed in partnership with Tiffany & Co. To be recognized as a finisher you must wear your bib/timing tag and complete the entire course by 1:10PM EST.

WHAT PRIZES WILL BE AWARDED AND IN WHAT CATEGORIES?

The Nike Women's 15K Toronto will recognize and award the top three female runners to cross the finish line in the 15K. Placing and prize money will be based on the top three female finishers from Wave 1 to cross the finish line based on "Clock" or "Gun" time and will not be based on the fastest "Chip" or "Net" time.

Prize money payouts are as follows:

1st Place - \$6,000 CAD

2nd Place - \$3,000 CAD

3rd Place - \$1,000 CAD

In addition to the first, second, and third place winners, the Nike Women's 15K Toronto will recognize the top male and female finishers in each age group. Chip time will be used to establish age group winners and awards will be mailed within 2 weeks.

AGE GROUPS:

Under 19

20-24

25-29

30-34



35-39
40-44
45-49
50-54
55-59
60-64
65-69
70-74
75-79
80+

WHO IS ELIGIBLE TO WIN PRIZE MONEY?

Elite female runners were invited via email from Athletics Canada to participate in the 2015 Nike Women's 15K Toronto. All female participants will be eligible to win prize money if they are registered for the race, start in Wave 1, record a start time on the start line timing mats and a split time at each on-course chip mat, and place in the top three finish positions overall. Participants placing in the top three positions overall will be removed from the age group awards; runners can only receive one award.

Participants may not cut or alter the course from the delineated route in anyway. Runners caught or suspected of cutting the course will be removed from the results and will not be eligible for prize money.

IF I START IN WAVES 2 - 8, AM I ELGIBLE TO WIN PRIZE MONEY?

No. The top three overall positions and the associated prize money are open to any participant who starts in Wave 1.

IF I AM ASSIGNED TO A DIFFERENT WAVE, CAN I MOVE UP TO WAVE 1 TO BE ELIGIBLE TO COMPETE FOR PRIZE MONEY?

If you feel you deserve a place in Wave 1, it is your responsibility to notify RunNikeWomen@nike.com of your desire to be placed in Wave 1 no later than June 12, 2015 at 12PM ET, and receive confirmation that Race Organizers approve of moving you up to Wave 1.

Runners who start Wave 2 – 8 are not eligible for the top three overall and the associated prize money. **NO EXCEPTIONS WILL BE MADE TO THIS RULE.**

WHO WILL BE SPONSORING THE PRIZE MONEY AWARDS?

Prize money will be paid out by Athletics Canada and will be mailed to the top three finishers after the results have been made official. Participants placing in the top three



and qualifying for prize money will be required to complete the appropriate tax forms supplied by Athletics Canada before any prize money is mailed out.

HOW WILL OFFICIAL TIMES BE RECORDED?

Official times will be recorded from the start of Wave 1 by the air horn to the point where the participant crosses the finish line. Times will be rounded to the next highest second. All runners must record a start time on the start line timing mats and a split time at each on-course chip mat to be eligible for awards.

WHERE WILL RESULTS BE POSTED?

Results will be posted on the [Nike Race Companion](#) following the event.

THE CAUSE

WHAT IS TEAM IN TRAINING?

The Leukemia & Lymphoma Society's Team In Training (TNT) is the world's leading endurance sports charity training program. Participants raise funds to support lifesaving cancer research. In return, they receive personalized training from certified coaches, training clinics, and the support and camaraderie of a team. Participants can choose from more than 200 exciting endurance events in Canada, the U.S. and abroad. A key element of the TNT experience is training in honor of a local blood cancer survivor whose courage provides motivation and inspiration. TNT Flex is a customized online training option developed by TNT's renowned coaches. To learn more about TNT or to attend an informational meeting in your area, visit teamintraining.ca or call 1.855.331.5318.

HOW LONG HAS NIKE BEEN A SPONSOR OF TEAM IN TRAINING?

Nike and TNT have enjoyed a very rewarding partnership since 2004 as part of the Nike Women's Marathon in San Francisco and Washington D.C. and the Nike Women's 15K Toronto.

HOW MUCH MONEY HAS TEAM IN TRAINING RAISED OVER THE YEARS?

Since Team In Training's inception in 1988, over 600,000 participants across North America have raised over \$1.4 billion for blood cancer research and patient services. Since the first Nike Women's Marathon to Benefit The Leukemia & Lymphoma Society in 2004, TNT participants in the Nike Women Marathon Series have raised more than \$150 million.

IS TEAM IN TRAINING TARGETED TO ANY PARTICULAR LEVEL?

People of all ages – from novices to seasoned athletes – participate in Team In Training. Novice athletes succeed in the program with the help of personalized coaching as well as



a supportive and friendly team environment. Everyone participates in honor of a patient, which provides a strong motivation to succeed.

HOW CAN I GUARANTEE MY RACE ENTRY AND ENSURE MY PARTICIPATION IN THE NIKE TORONTO 15K DIRECTLY BENEFITS TEAM IN TRAINING (TNT)?

Commit to becoming a champion for the Mission of The Leukemia & Lymphoma Society of Canada. Bypass the lottery, register directly with Team In Training, raise the set fundraising commitment and use the power of your voice and your network to fund, research, and create a world without blood cancer.

TRAVEL

IS THERE A NIKE WOMEN'S 15K TORONTO ROOM BLOCK?

The Nike Women's 15K Toronto has partnered with Marriott Hotels to reserve a number of rooms at pre-negotiated prices for event weekend. Please visit gonike.me/15ktoronto to see a map of the available hotels included in the room block. Please note that pre-negotiated reservations are available on a first come first serve basis. Please contact Marriott Hotels directly with any hotel reservation inquiries.

WHO CAN I CONTACT IF I HAVE FURTHER QUESTIONS?

Please contact customer service via email at RunNikeWomen@nike.com or call 1.866.RUN.NIKE